



Expressions of Hope: Crystal Meth Addicts in Recovery

New York Crystal Meth Anonymous

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New York area groups: Please contact the Literature Clearinghouse to order copies of Expressions of Hope for your meeting.

Expressions of Hope is a collection of essays and stories by crystal meth addicts in recovery from the New York Crystal Meth Anonymous. The writers—many of whom are in early recovery—tell how they learned the skills and found the willingness to make the choices that have kept them sober. They share how they gained the courage to confront denial, victimization, powerlessness, fear of intimacy, feelings of isolation, and other challenges.

Sharing this collective journey, we continue to get sober, one day at a time, one meeting at a time, one addict at a time. We have found a spiritual solution by working the Twelve Steps and carrying the message of recovery by helping the crystal meth addict who still suffers. Along the way, even in our darkest hours we can still find hope. Perhaps you may find some in these pages.

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Floyd Wyatt:

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Paul Erdmann:

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Fran Short:

Expressions of Hope: Crystal Meth Addicts in Recovery can be one of your basic books that are good idea. We all recommend that straight away because this book has good vocabulary which could increase your knowledge in vocab, easy to understand, bit entertaining but nevertheless delivering the information. The copy writer giving his/her effort to put every word into delight arrangement in writing Expressions of Hope: Crystal Meth Addicts in Recovery although doesn't forget the main point, giving the reader the hottest and based confirm resource details that maybe you can be considered one of it. This great information can drawn you into new stage of crucial considering.

Frances Drury:

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