



Foundations of Morphodynamics in Osteopathy: An Integrative Approach to Cranium, Nervous System, and Emotions

Torsten Liem

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In 35 chapters written by the editor and a team of internationally renowned contributors the book covers the underlying principles of osteopathic palpation from a biodynamic and 'morphodynamic' perspective, and their application in the cranial field and the spinal cord. It emphasises the importance of considering not just the patient's physical self, but also the inner consciousness. It teaches how to assess tissue-energy characteristics, and to use this understanding in managing the whole patient. The work discusses biophysical, neurobiological and psychological interactions as well as the interplay of developmental dynamics and further epigenetic influences on the organism. As well as the primary respiratory mechanism, various biological rhythms play an important role within osteopathic treatment; the book explores new insights that flow from chronobiology and rhythm research. All osteopathic practice develops on conceptual foundations. Acknowledging the importance in the practice of osteopathy of such theoretical underpinning, the book discusses osteopathy with regard to the development of paradigms within the healing arts as well as from various philosophical viewpoints - such as postmodern, system-theoretical, Goethian and phenomenological. It examines thoroughly the multi-layered dynamics of development of human beings interacting with their environment.

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