

### The Remedy: Queer and Trans Voices on Health and Health Care



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To remedy means to heal, to cure, to set right, to make reparations.

*The Remedy* invites writers and readers to imagine what we need to create healthy, resilient, and thriving LGBTQ communities. This anthology is a diverse collection of real-life stories from queer and trans people on their own health-care experiences and challenges, from gay men living with HIV who remember the systemic resistance to their health-care needs, to a lesbian couple dealing with the experience of cancer, to young trans people who struggle to find health-care providers who treat them with dignity and respect. The book also includes essays by health-care providers, activists and leaders with something to say about the challenges, politics, and opportunities surrounding LGBTQ health issues.

Both exceptionally moving and an incendiary call-to-arms, *The Remedy* is a must-read for anyone—gay, straight, trans, and otherwise—passionately concerned about the right to proper health care for all.

Contributors include Amber Dawn, Sinclair Sexsmith, Francisco Ibanez-Carrasco, Cooper Lee Bombardier, Kara Sievewright, and Kelli Dunham.

**Zena Sharman** is a passionate advocate for queer and trans health. She has over a decade's experience in health research; currently she is Director of Strategy at the Michael Smith Foundation for Health Research. Zena is also co-editor of *Persistence: All Ways Butch and Femme*. She lives in Vancouver, British Columbia.

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