



Aroma Heal 1: Simple Techniques To Support Emotional Healing With Essential Oils

Christi Turley Diamond

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This is the second edition of our first book 'Aroma Heal'. Essential oils have been around since ancient times. Their properties for healing the body physically are well known but their properties for emotional healing are just now being widely received. Christi Turley Diamond B.S., M.Ed. and Karisa Tomkinson B.S., M.S. help to educate you on how essential oils can support the body in emotional healing and they share their own personal experiences as well. Have you ever felt bogged down by emotional weight and want to know how to let go and release so that you can move forward with peace and fulfillment? Christi Turley Diamond B.S., M.Ed. from www.thehealingcoach.com is an energy healer and life coach and shares with you some tools she uses in her practice with her clients. This book guides you and takes you step by step through simple energy healing techniques that combine the use of essential oils to empower you to take part in your own healing as you let go and release emotional issues that have weighed you down. When we release on an energetic/spiritual level, we make room for healing to take place that can be permanent and powerful. Essential oils and energy healing used together can help release issues at the root cause very quickly and increase the rate of healing. This is a great book to use for your own healing empowerment and will quickly become a go to guide for you to use often. These methods can be used over and over repeatedly with great results for taking your happiness into your own hands. BONUS- FREE SELF GUIDED AUDIO TO ALL 4 HEALING TOOLS INCLUDED WITH THE BOOK!

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