



# Practical Psychology for Diabetes Clinicians

*Barbara Anderson, Richard Rubin*

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Improve the outcomes of your diabetes treatment with the resource that covers hard-to-find topics such as empowerment, female eating disorders, and minority patients. Leading behavioral scientists have taken their findings on the latest behavioral information for diabetes management and translated them into practical guidelines.

Six years worth of information packed into one book that covers:

- Understanding and Treating Professional Burnout
- Eating and Diabetes: A Patient-Centered Approach
- Smoking Cessation in Diabetes
- Working with Children Who Have Type 1 Diabetes
- Involving Family Members in Diabetes Treatment
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