



Group Work With Older Adults: 85 Therapeutic Exercises for Reminiscence, Validation, and Remotivation

Ann L. Link

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This book is designed to aid therapists and trained group facilitators who conduct discussion groups for geriatric clients. It offers 85 exercises to broaden group topics relevant to aging. Some of the exercises have been updated from those that appeared in the author's earlier publication, *Group Work With Elders*. Many are brand new. These exercises combine the important geriatric therapy techniques of Reminiscence, Validation, and Remotivation to energize group discussion and foster renewal of hope.

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