



Medications and Sleep, An Issue of Sleep Medicine Clinics, 1e (The Clinics: Internal Medicine)

Timothy Roehrs PhD

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This issue comprises two parts. The first part examines pharmacology of drug classes and effects on the sleep-wake processes. The second part focuses on therapeutics for various sleep disorders. In the first part, basic neuropharmacology of sleep-wake states is discussed. Other articles review hypnotics, allergy and cardiovascular drugs, anti-convulsant drugs, anti-depressant and anti-psychotic drugs, and stimulants. The second part focuses on pharmacology for specific sleep disorders: primary insomnia, co-morbid insomnia, sleep-related breathing disorders, narcolepsy and disorders of daytime sleepiness, movement disorders, parasomnias, and circadian rhythm disorders.

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