



Parent Group Handbook for Calming the Family Storm

Gary McKay PhD

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Calming the Family Storm is a powerful resource for families dealing with anger issues. *The Parent Group Handbook* is a helpful handbook for families and organizations that want to work together to study the book's many helpful procedures. The Handbook offers ideas for organizing groups, group leadership skills, and charts for dividing *Calming the Family Storm* into chapters for each group session. Includes both six-week and seven-week lesson plans, questions for each chapter, ideas for making the most of skill practice and journal work.

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