



Daily Blood Sugar Log Book

Frances P Robinson

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The Daily Blood Sugar Log Book provides enough space to monitor your blood sugar up to 4 times a day (before and after meals) for one full year. Keep all of your results in one place. Take and show to the doctor. (No more worries about forgetting the details.) Large 11" x 8.5" pages, plenty room to write and easy to read! **BONUS: BLOOD PRESSURE CHART** A bonus section in the back of the book allows for you to record your blood pressure readings. Enter the date, time, high and low reading and any comments. The Daily Blood Sugar Log Book is a great way to keep record of two of your most vital signs.

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