



In Search of the Luminous Heart: From the Mountains of Naranjito, Puerto Rico to the Mountains of Crestone, Colorado

Victoria Rivera McKinley

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BOOK OF THE MONTH - June

Las Comadres and Friends National Latino Book Club

Beginning with her family's origins as tenant farmers in the mountains of Puerto Rico at the turn of the nineteenth century, Victoria Rivera McKinley leads readers through dramatic and painful events, which in spite of psychological explanations, add up to experiences that are much larger. Against a historical backdrop of Puerto Rico's changing culture, she shows how a family of ten children survive and learn to look out for one another. This is a success story, but not simply because the author leaves Puerto Rico and becomes a psychotherapist in America. Rivera McKinley offers an extraordinary perspective that finds truth in how each person lives experience in his or her own way. Her own journey ends in the Rocky Mountains, where Buddhist teachings offer her a spiritual and philosophical framework with which to understand her life. In Search of the Luminous Heart is a deep and unusual look at adversity and belies terms like "dysfunctional" for family. Here, generosity of spirit is the key to survival. The family endures by using intelligence, compassion, and accepting lives that have the real taste of tears, blood, songs, and prayers.

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From reader reviews:

Robert Robertson:

Now a day people who Living in the era exactly where everything reachable by connect to the internet and the resources inside it can be true or not call for people to be aware of each information they get. How many people to be smart in having any information nowadays? Of course the answer then is reading a book. Looking at a book can help persons out of this uncertainty Information particularly this In Search of the Luminous Heart: From the Mountains of Naranjito, Puerto Rico to the Mountains of Crestone, Colorado book since this book offers you rich data and knowledge. Of course the info in this book hundred per-cent guarantees there is no doubt in it you know.

Geraldine Moreno:

This book untitled In Search of the Luminous Heart: From the Mountains of Naranjito, Puerto Rico to the Mountains of Crestone, Colorado to be one of several books which best seller in this year, that's because when you read this reserve you can get a lot of benefit onto it. You will easily to buy this kind of book in the book store or you can order it by way of online. The publisher of this book sells the e-book too. It makes you easier to read this book, as you can read this book in your Touch screen phone. So there is no reason for you to past this book from your list.

Gina Reiter:

A lot of people always spent their own free time to vacation as well as go to the outside with them household or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. If you need to try to find a new activity that's look different you can read any book. It is really fun to suit your needs. If you enjoy the book that you just read you can spent 24 hours a day to reading a publication. The book In Search of the Luminous Heart: From the Mountains of Naranjito, Puerto Rico to the Mountains of Crestone, Colorado it is rather good to read. There are a lot of people that recommended this book. These folks were enjoying reading this book. If you did not have enough space to deliver this book you can buy the particular e-book. You can m0ore very easily to read this book from your smart phone. The price is not too expensive but this book has high quality.

Penny Risley:

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