



Living Proof: Celebrating the Gifts That Came Wrapped in Sandpaper

Lisa Nichols

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“What I love about the human spirit is, if one person has access to it, we all do.” — Lisa Nichols

In *Living Proof*, her first anthology since the bestselling book *Chicken Soup for the African American Woman's Soul*, Lisa Nichols presents more than 35 transformational true stories of ordinary people who made the extraordinary decision not only to survive difficult challenges, but to embrace the blessings of their experiences—the gifts that came wrapped in sandpaper.

In this book...

- Dr. Julie Thong shares her amazing story of surviving the Cambodian killing fields
- DC Cordova tells the story of how she overcame her deepest fears and manifested a meeting with Fidel Castro at the height of the Cold War
- Kim Warren-Martin, former Ms Black USA Metroplex, reveals how she survived a stalker's attack and overcame her fears to return to the stage
- John McQueen conveys how the strategies he used to survive a childhood of poverty and foster care helped him succeed beyond his wildest dreams
- Myrtle Potter shares her story of parenting an autistic child, and how he taught her the true meaning of high-achievement

From the Introduction by Lisa Nichols:

“These stories are *living proof* that whatever you may be going through, the darkness is only temporary it's not your destiny. This book is proof that you are greater than your circumstances, whatever they are. You have an opportunity to turn a test into your testimony; to turn a mountain into your platform; to turn the challenges that would break you into reasons you sing, write, speak, teach; and, like the co-authors in this book, offer up *your* story as living proof of what is possible.”

About Lisa Nichols:

New York Times bestselling author Lisa Nichols has reached millions around the world with her powerful message of empowerment, service, excellence and gratitude. Founder of Motivating the Masses and CEO of Motivating Teen Spirit, LLC, Lisa is charismatic teacher, speaker and transformational coach. Featured in the self-development phenomenon, *The Secret*, she has appeared on The Oprah Winfrey Show, Larry King Live and on NBC's Emmy Award-winning reality show, *Starting Over*. Her book *No Matter What!* hit six bestseller lists, including the New York Times, and has been translated into 25 languages. Lisa has been honored with many awards for her empowering work, including the Humanitarian Award from South Africa.

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From reader reviews:

Kim Scott:

Playing with family inside a park, coming to see the sea world or hanging out with buddies is thing that usually you could have done when you have spare time, in that case why you don't try matter that really opposite from that. One activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition details. Even you love Living Proof: Celebrating the Gifts That Came Wrapped in Sandpaper, you could enjoy both. It is great combination right, you still wish to miss it? What kind of hang-out type is it? Oh come on its mind hangout guys. What? Still don't get it, oh come on its named reading friends.

Mitchell Diaz:

Do you one of the book lovers? If so, do you ever feeling doubt if you are in the book store? Try and pick one book that you find out the inside because don't assess book by its handle may doesn't work here is difficult job because you are afraid that the inside maybe not as fantastic as in the outside appear likes. Maybe you answer can be Living Proof: Celebrating the Gifts That Came Wrapped in Sandpaper why because the wonderful cover that make you consider concerning the content will not disappoint you actually. The inside or content is actually fantastic as the outside or even cover. Your reading 6th sense will directly show you to pick up this book.

Peter Delaune:

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Tammie Torres:

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