



# **Bipolar Jungle: Relationships, Romance & Surviving Bipolar Disorder**

*Dr Paul Dawson*

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Dr. Paul Dawson, one of the top experts on bipolar disorder or manic-depressive mental disorders, presents in “BIPOLAR JUNGLE: Relationships, Romance & Surviving Bipolar Disorder”:

- A clear and simple understanding of the diagnosis of the types of bipolar disorder – what signs can help you and your psychiatrist or psychologist with diagnosis?
- Practical management & treatment suggestions – what medications you may need and possible side effects. A special section on the needs of WOMEN BIPOLARS!
- How should you handle it if you’re dating, in a relationship, or a marriage with a bipolar disordered individual?
- How can you support family members, friends, and lovers who have bipolar disorder?
- How can you manage your condition with exercise, lifestyle changes, and alternative meds such as herbs?
- What psychotherapies have the best track record in treating and helping bipolar clients overcome the negative-bipolar edge?
- How to recognize and cope with your bipolar-mood-swing patterns such as manic ups and depressive downs?
- How can you handle your boss, coworkers, friends, and family to be successful in your career and cope with your bipolar disorder?
- How can teens and twenty-somethings understand their bipolar diagnosis and get their lives on track for a happy & productive life?
- What can parents do about their children who may be bipolar? What are the warning signs and symptoms that may alert parents, teachers, psychiatrists, and psychologists to a child’s possible bipolar disorder?

Dr. Paul Dawson earned a Ph.D. in psychology from The New School for Social Research, Graduate Faculty, New York City. Dr. Dawson has been chief psychologist of a state prison system, clinical psychologist at mental hospitals, clinics, schools, and has been in private practice and consulting. Dr. Dawson has written over 30 books including: ANGELINA JOLIE PSYCHOANALYZED; BIPOLAR ZOO; BIPOLAR JUNGLE; BORDERLINE PERSONALITY DISORDER; BPD RECOVERY; CHARACTER INTELLIGENCE (CI); CAMPUS KILLER’S SECRET OBSESSION; GRACE KELLY SESSIONS; HOW TO GET SOBER; JACKIE O SESSIONS; JACKIE ONASSIS IN THERAPY; JODI ARIAS; MANSON INTERVIEWS RAW; MARILYN MONROE DIAGNOSED; MASKS OF A LADY KILLER; MASKS of PREDATORS; MASKS of SEX PREDATORS; MASKS of TED BUNDY; MY PRINCESS DIANA THERAPY SESSIONS; MY TED BUNDY INTERVIEWS RAW!; NARCOTERRORIST PSYCHOPATHS; PRINCESS DIANA DIAGNOSED; PSYCHOLOGY OF HIDDEN INFLUENCE; PSYCHOLOGY of MEN WHO ABUSE WOMEN; PSYCHOPATHS; ROCK STARS DIAGNOSED; SEX CRIMES; SEX, LOVE & SMART DATING; SKULL SCRAPERS, SKULL SCRAPERS 2, SKULL SCRAPERS 3; SKULL SCRAPERS 4; SKULL SCRAPERS 5; SKULL SCRAPERS 6; SPIES & ASSASSINS; SPIRITUAL THERAPY; TERRORIST IMPERATIVE; THE MASKS OF KARLA HOMOLKA.

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#### **Ella Hodge:**

Spent a free time for you to be fun activity to perform! A lot of people spent their sparettime with their family, or their particular friends. Usually they performing activity like watching television, likely to beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Might be reading a book may be option to fill your free time/ holiday. The first thing you will ask may be what kinds of guide that you should read. If you want to test look for book, may be the reserve untitled Bipolar Jungle: Relationships, Romance & Surviving Bipolar Disorder can be great book to read. May be it can be best activity to you.

#### **Donald Thomas:**

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