



Real Food Slow Cooker Suppers: Easy, Family-Friendly Recipes from Scratch

Samantha Skaggs

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Incredible Family-Friendly Recipes that Skip Processed Ingredients and Extensive Directions

Feel good about what you're feeding your family with easy and flavorful *Real Food Slow Cooker Suppers*. Working adults and busy parents can attest to the appeal of slow cookers: simply pile in your ingredients, set the timer and walk away. While it's easy, more people are becoming conscious of the processed foods in their diets and choosing to avoid traditional slow cooker meals.

Reclaim the slow cooker and set it free from processed ingredients with Samantha Skaggs' help. Samantha shows you how to expand your slow cooker's horizons and make dishes like Cran-Cherry Glazed Ham, Cheesy Spinach Lasagna and Honey-Garlic Baby Back Ribs?ones you never thought were possible in a slow cooker. Samantha also reinvents beloved slow cooker dinnertime classics like Shepherd's Pie, Cheeseburger Macaroni and Comforting Pot Roast without the canned cream soups and dry gravy packets, and shows readers a wide range of tips and techniques to use real food ingredients instead. With 80 recipes, each accompanied by a mouthwatering photograph, you can be sure your family will have scrumptious real food dinners any night of the week.

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From reader reviews:

Steven Cordell:

In this 21st century, people become competitive in every way. By being competitive right now, people have to do something to make all of them survive, being in the middle of the actual crowded place and notice through surrounding. One thing that often many people have underestimated the idea for a while is reading. Yep, by reading a book your ability to survive improves then having a chance to stand than other is high. In your case who want to start reading a book, we give you this particular Real Food Slow Cooker Suppers: Easy, Family-Friendly Recipes from Scratch book as beginning and daily reading reserve. Why, because this book is greater than just a book.

Holly Hughes:

Reading a reserve can be one of a lot of pastime that everyone in the world adores. Do you like reading books so. There are a lot of reasons why people are fantastic. First reading a book will give you a lot of new information. When you read a guide you will get new information due to the fact a book is one of several ways to share the information as well as their idea. Second, reading through a book will make you actually more imaginative. When you are studying a book especially fictional works the author will bring you to definitely imagine the story how the character types do it anything. Third, it is possible to share your knowledge to other folks. When you read this Real Food Slow Cooker Suppers: Easy, Family-Friendly Recipes from Scratch, you are able to tell your family, friends along with soon about your guide. Your knowledge can inspire different ones, make them reading a guide.

Krystal Sutherland:

Is it you who have spare time and then spend it whole day by simply watching television programs or just laying on the bed? Do you need something new? This Real Food Slow Cooker Suppers: Easy, Family-Friendly Recipes from Scratch can be the reply, oh how comes? The new book you know. You are therefore out of date, spending your free time by reading in this completely new era is common not a nerd activity. So what do these books have that the others?

Joan Freeman:

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