



The Leading Brain: Powerful Science-Based Strategies for Achieving Peak Performance

Friederike Fabritius, Hans W. Hagemann

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A cutting-edge guide to applying the latest research in brain science to leadership - to sharpen performance, encourage innovation, and enhance job satisfaction.

There's a revolution taking place that most businesses are still unaware of. The understanding of how our brains work has radically shifted, exploding long-held myths about our everyday cognitive performance and fundamentally changing the way we engage and succeed in the workplace.

Combining their expertise in both neuropsychology and management consulting, neuropsychologist Friederike Fabritius and leadership expert Dr. Hans W. Hagemann present simple yet powerful strategies for:

- Sharpening focus
- Achieving the highest performance
- Learning and retaining information more efficiently
- Improving complex decision-making
- Cultivating trust and building strong teams

Based on the authors' popular leadership programs, which have been delivered to tens of thousands of leaders all over the world, this clear, insightful, and engaging book will help both individuals and teams perform at their maximum potential, delivering extraordinary results.

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