

### Bringing the Tarot to Life: Embody the Cards Through Creative Exploration

Scott Martin



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Raise the curtain on an exciting new approach to tarot. *Bringing the Tarot to Life* shares ideas for using theater games and acting techniques to develop your own embodied understanding of the cards. With fifty-six creative, right-brained exercises to be practiced alone or with a group, this book unlocks your deepest intuitions and helps you experience the cards from the inside out.

The seventy-eight cards of the tarot are active in each of us at one time or another. As we read with the cards, we see ourselves, the people we know, and the events and turning points of our lives. The experiential techniques in this book help you step into personal levels of meaning that you may never have considered before. Appropriate for beginners or experienced readers, *Bringing the Tarot to Life* is a book for those who want to bring their authentic selves to their tarot practice and probe the boundless mysteries that the cards provide.

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