



# The Great Exposition of Secret Mantra, Volume 2: Deity Yoga

*The Dalai Lama, Tsongkhapa*

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**His Holiness the Dalai Lama illuminates the highly practical and compassionate use of Tantra for spiritual development in this important classic work.**

This is the second book in a three-volume series presenting *The Great Exposition of Secret Mantra*. The other two books are *Tantra in Tibet* and *Yoga Tantra*.

*Deity Yoga* is composed of three parts: *Heart of Mantra* by the Dalai Lama is a lucid exposition of the meditative rites of deity yoga--the distinctly tantric process in which yogis visualize themselves in the form of a Buddha's divine body as a manifestation of compassionate wisdom. *The Great Exposition of Secret Mantra*, Parts 2 and 3 by Tsongkhapa, details the practices of Action and Performance Tantras. Special deity yoga techniques for the development of the heart, mind, and physical form of a Buddha are presented in a series of exercises.

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