



# Nutrición en la salud y la enfermedad (Spanish Edition)

*A. Catharine Ross, Benjamin Caballero, Robert J. Cousins, Katherine L. Tucker, Thomas R. Ziegler*

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Referencia ampliamente completa sobre la nutrición y su papel en los campos de la medicina, la dietética, la enfermería y la salud pública. Distinguidos expertos internacionales proporcionan información en profundidad sobre hitos más importantes en nutrición, los componentes de la dieta, la nutrición en los sistemas biológicos integrados, la evaluación nutricional a través del ciclo de la vida, y la nutrición en diversos trastornos clínicos y de salud pública. Nutrición en la salud y la enfermedad ofrece una amplia cobertura del papel de la nutrición en la prevención de las enfermedades y en cuestiones nutricionales a nivel internacional, la importancia de la obesidad en una variedad de enfermedades crónicas, cuestiones sobre genética y nutrición, y las áreas de mayor avance científico respecto a la nutrición relacionada con la enfermedad. Se incluyen nuevos capítulos de: Carotenoides Nutraceuticos Prebióticos y probióticos Modificación genética Epigenética Mecanismos de detección de nutrientes Consecuencias metabólicas de la restricción calórica cirugía bariátrica: en la actualidad la cirugía bariátrica ha tomado especial importancia, más allá de para reducir la obesidad, como posible tratamiento para la diabetes de tipo 2. Síndrome metabólico Inflamación en enfermedades metabólicas.

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