



Wheat Belly Baking: The Gluten-Free Cookbook for Pies, Dump Cake, and Artisan Bread (Wheat Belly Diet Series)

Celia Cook

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The decision to live a wheat belly life is an empowering one, but it can also be quite the undertaking! Baking can be especially challenging when you adopt a wheat belly lifestyle. Cookies, cupcakes, brownies, scones, biscuits, muffins... Name one of your favorite baked goods and chances are it doesn't fit with your new commitment to your wheat belly. They say "absence makes the heart grows fonder," and you'll be sure to agree once you see the void left in your diet by your favorite recipes! But there's hope! Bestselling author Celia Cook is here to help! Whether you are looking for a way to make fantastic gluten-free cookies or to learn how to make cakes with non-wheat based flours, "Wheat Belly Baking: The Gluten Free Cookbook for Pies, Dump Cake, and Artisan Bread" will teach you what you need to know to bake up wheat belly bliss for the whole family! In this guide you will learn:

- Exactly where to start with gluten-free baking
- How to make your own gluten-free all-purpose flour
- How to bake a huge variety of your favorite treats using gluten-free flours made from other grains, beans, and seeds
- How to bake gluten-free items for any meal or time of day
- And so much more!

"Wheat Belly Baking" will get you well on your way to making all your favorite baked goods and enjoying them more than ever! No more sacrificing mouth-watering foods for the sake of your wheat belly. Get your copy of "Wheat Belly Baking: The Gluten Free Cookbook for Pies, Dump Cake, and Artisan Bread" and start baking up a storm of heart-warming, mouth-watering, gluten-free goodness today!

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