

Grow to Live: A Simple Guide to Growing Your Own Good, Clean Food

Pat Featherstone

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A celebration of the wonders of the natural world, this beautiful yet practical book is a simple guide for people in Southern Africa to grow their own food in whatever space is available, using methods that are tried and tested, simple, low-cost, water-wise, and resourceful. From classifying the different soils and tools that one needs in a successful garden, this guide also offers practical advice on maintaining and protecting an organic garden.



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