



Crossing the Wake: One Woman's Great Loop Adventure

Tanya Binford

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Crossing the Wake: One Woman's Great Loop Adventure follows the waterlogged travels and travails of a woman willing to risk it all in a quest to bring some adventure to her life. A beautifully honest account of riding the waves of a journey, both physically and emotionally grueling, author Tanya Binford recounts her arduous six months with amazing detail.

After leaving behind her work as a psychiatric nurse practitioner and saying goodbye to her grown children, Tanya Binford was ready to cast off. With an itch for sailing that had taken root decades before, she was finally ready to put her dreams into action--not even a lack of any real sailing experience could stop her!

"Bittersweet, yet triumphant. The story that must be experienced." --Sean O Boyle AM, Australian composer and conductor

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