



Families and Forgiveness: Healing Wounds in the Intergenerational Family

Terry D. Hargrave, Nicole E. Zasowski

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Families and Forgiveness, Second Edition gives the therapist a working knowledge of the importance of love and trustworthiness, skills to adequately assess hurt and pain in a family, and different techniques and conceptualizations to help family members move to make progress in restoring function to broken identities and senses of safety. The authors consistently demonstrate that the work of forgiveness—in any form—is possible with every family member and improves the intergenerational health of the family. In this new edition, a reorganized structure efficiently brings the therapeutic focus on love and trustworthiness, and revised case studies and updated interventions provide mental health professionals with practical methods to treat troubled families.



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