

Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Safari Illustrations, Bubblegum)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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From reader reviews:

Brandon Adams:

Often the book Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Safari Illustrations, Bubblegum) has a lot of information on it. So when you check out this book you can get a lot of help. The book was authored by the very famous author. This articles author makes some research before write this book. This particular book very easy to read you can find the point easily after perusing this book.

Clare Andrews:

Is it you actually who having spare time after that spend it whole day by simply watching television programs or just lying down on the bed? Do you need something totally new? This Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Safari Illustrations, Bubblegum) can be the response, oh how comes? It's a book you know. You are and so out of date, spending your extra time by reading in this brand new era is common not a geek activity. So what these textbooks have than the others?

Gregory Polster:

On this era which is the greater particular person or who has ability to do something more are more precious than other. Do you want to become one of it? It is just simple method to have that. What you must do is just spending your time not very much but quite enough to have a look at some books. One of several books in the top record in your reading list will be Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Safari Illustrations, Bubblegum). This book and that is qualified as The Hungry Slopes can get you closer in getting precious person. By looking way up and review this e-book you can get many advantages.

Helen Hanson:

What is your hobby? Have you heard this question when you got students? We believe that that issue was given by teacher for their students. Many kinds of hobby, Every individual has different hobby. And you also know that little person including reading or as looking at become their hobby. You should know that reading is very important and book as to be the thing. Book is important thing to increase you knowledge, except your teacher or lecturer. You find good news or update regarding something by book. A substantial number of sorts of books that can you choose to use be your object. One of them are these claims Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Safari Illustrations, Bubblegum).

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