

Secrets of the Sexually Satisfied Woman: Ten Keys to Unlocking Ultimate Pleasure

Jennifer Berman, Laura Berman, Alice Burdick Schweiger

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The nation's leading experts on women's sexual health offer up the secrets to female sexual satisfaction using data culled from their groundbreaking new survey

Not since The Hite Report twenty-five years ago has female sexuality been so comprehensively addressed and analyzed. In Secrets of the Sexually Satisfied Woman, Drs. Laura and Jennifer Berman topple common misconceptions and reshape conventional wisdom based on their revolutionary and highly anticipated National Women's Sexual Satisfaction Survey. Extrapolating from the study results, the Bermans address the psychological and medical factors that affect sexuality while providing expert, accessible advice on how women can improve their sex lives and enhance sexual pleasure. The Bermans are not afraid to take on topics that make most people blush, and this book is sure to be an essential resource for women throughout the country.



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